#YearofBeans2025

My 2025 Bean Tracker

Month:

Featured Bean:

Recipe:

Notes:

Vegetarian ☐

Low Carb ☐

Gluten Free ☐

Vegan ☐

Dairy Free ☐

Time to prepare:

Review:

☆ ☆ ☆ ☆ ☆

Ingredients

Checklist

- ☐ Soak beans overnight *(if required)*
- ☐ Rinse and drain beans
- ☐ Cook beans according to recipe instructions
- ☐ Prepare other ingredients
- ☐ Combine ingredients and cook according to recipe
- ☐ Store leftovers properly

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